



**SEE PAGE 22  
 FOR A LIST OF  
 BACK-TO  
 SCHOOL  
 EVENTS ON  
 POST**

# New voting assistance office resource for post community

By Steve Elliott  
 FSH Public Affairs

President Dwight D. Eisenhower once said, "The future of this republic is in the hands of the American voter."

The right to vote allows every American of age to make their preferences known about issues which are important to them. Voting in periodic elections in which opposing candidates vie for public office is the foundation upon which democracies are built.

Fort Sam Houston is making it easier for anyone who has access to the installation to register to vote, or to find voting information, by opening a



fully staffed voting assistance office open throughout the year.

"In the past, installations had a voting assistance officer, who was the

lead for the installation officers across the post. Each unit also had its own voting assistance officer," said Russell Hayes, deputy director of Human Resources and Work Force Development.

"What changed is that the Department of Defense has decided they want a one-stop central location for voting assistance for all personnel who have access to a military installation."

Hayes said the office will be staffed with a full-time installation voting officer, Avis Walton, but he and Linda Greene, director of Human Resources, have also been trained to act as VAOs.

"It's going to be open to anyone

See **VOTING P10**

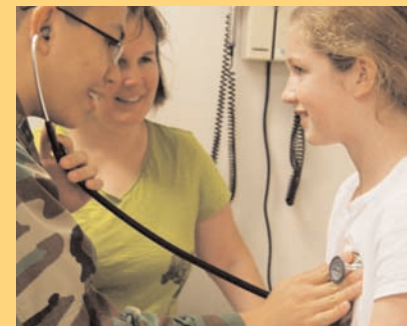


Photo by Jen D. Rodriguez

An Air Force pediatric resident checks Olivia Lougee's heart during her physical.

## BAMC back-to-school physicals Aug. 21

Brooke Army Medical Center will hold back-to-school physical exams for TRICARE-eligible beneficiaries, ages 4 to 18, starting at 9 a.m. Aug. 21 at the Fort Sam Houston Clinic, Building 1179. Services are available by appointment only. To schedule your child, call 916-BAMC (2262).

# Fort Sam Houston National Cemetery gets \$4.8M from Recovery Act

Phillip Arredondo, Fort Sam Houston National Cemetery employee, works to straighten headstones at the cemetery Aug. 10. The cemetery is spending more than \$4.2 million to raise and realign headstones and to repair gravesites.

Photo by Lori Newman



The Department of Veterans Affairs has obligated \$4,825,180 for improvement projects and equipment purchases at Fort Sam Houston National Cemetery in San Antonio and its satellite cemeteries in San Antonio and Kerrville, Texas.

VA received the funds through the American Recovery and Restoration Act signed into law by President Obama on Feb. 17,

2009. The goals of the Recovery Act are to create and save jobs and to spur financial activity.

Fort Sam Houston National Cemetery is spending more than \$4.2 million to raise and realign headstones and to repair gravesites and more than \$157,000 to purchase or repair equipment and vehicles to support grounds maintenance and interment operations.

At the historic San Antonio National Cemetery, which dates to 1867, VA will spend \$224,544 to raise and realign headstones and renovate and expand irrigation systems. At Kerrville National Cemetery, VA will spend \$182,231 to raise and realign headstones and install irrigation systems.

The Fort Sam Houston,

See **CEMETERY P12**



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# BAMC wants to know what's on your mind

By Maria Gallegos  
BAMC Public Affairs

Wondering what the new little black machines are placed throughout the hospital?

Brooke Army Medical Center is introducing its new interactive computer kiosks for BAMC patients. This new service gives an opportunity for patients to voice their opinions on the service they received at BAMC.

The feedback provided by patients will not only offer immediate response for BAMC staff, but the user will also be able to use the kiosk to update information on Defense Enrollment Eligibility Reporting System, make appointments using TRICARE Online, receive different clinic information and use the BAMC directory.

Maj. Jeffery Blackwell, BAMC Department of Health Care Operations chief, said the new service is a valuable tool for patients to voice opinions, positively or negatively, in a structured environment (ICE survey), which will

provide feedback of how the hospital is doing and where staff need to improve services.

"Providing the best care and services for our patients is important to BAMC," said Blackwell.

"Their input in the ICE survey will give an opportunity for our staff to resolve any unpleasant issues or recognize staff kudos from patients. Another great benefit of using the kiosks is you can make your own appointments using TRI-CARE online, which can save time, provide DEERS updates, get information about BAMC services and see the BAMC directory, all in one place."

Cynthia Nikkhah, Customer Service Branch, Patient Advocate assistant chief, explained the process after the patient completes the ICE survey.

"Once the Patient Advocate Office receives an ICE feedback from a patient, it is forwarded to the department or service provider mentioned in the comment for action. They are given 72 hours to respond and investigate

the concerns. After the response is received from the provider, our office will call, mail or e-mail the result of the investigation. If the contact is not available, the result will be logged and closed out in the ICE site," Nikkhah said.

Nikkhah said the goal of the BAMC ICE survey is to resolve the concerns within 72 hours, but occasionally the complexity of certain concerns may make it necessary to extend the response time to five to seven days. However, she said all concerns will be addressed no more than 30 days after the feedback.

"Patients are encouraged to use this service. BAMC staff awareness of feedback is another great resource we are adding to our facility to continuously provide the highest quality of care and service for our patients," Blackwell said.

In the near future, BAMC volunteers will be available to assist and guide patients with this new service.



Courtesy photo

Michael Berthiaume inputs information on the new interactive computer kiosks located at the BAMC medical mall. This new service gives an opportunity for patients to voice their opinions on the service they received at BAMC plus the user will also be able to use the kiosk to update information on Defense Enrollment Eligibility Reporting System (DEERS), make appointments using TRICARE Online (TOL), receive different clinic information and use the BAMC directory. Thirty kiosks will be placed throughout the hospital to better serve patients at BAMC.



Have feedback for a post customer service provider?

Go to the Interactive Customer Evaluation Web site at <http://ice.disa.mil> and voice your opinion today.

## "See it, Send it"

- Texting: 834-4531
- E-mail: [FtSamHoustonPolice@conus.army.mil](mailto:FtSamHoustonPolice@conus.army.mil)
- Phone: 221-CLUE (2583) Leave a Message
- Phone: 221-2222 Military Police Desk

Take the Dare and Be Aware

## Thought of the Week

It is fine to level with people if you don't level them in the process – Walter St. John

(Source: Bits & Pieces, 2009)

## Weekly Weather Watch

	Aug. 12	Aug. 13	Aug. 14	Aug. 15	Aug. 16	Aug. 17
San Antonio	 99° Chance of T-storms	 99° Partly Cloudy	 97° Partly Cloudy	 99° Partly Cloudy	 99° Partly Cloudy	 99° Partly Cloudy
Kabul Afghanistan	 87° Clear	 89° Scattered Showers	 87° Clear	 89° Scattered Showers	 87° Clear	 87° Scattered Showers
Baghdad Iraq	 118° Clear	 114° Clear	 116° Clear	 116° Clear	 114° Clear	 114° Clear

(Source: Weather Underground at [www.wunderground.com](http://www.wunderground.com))



## News Briefs

### **Garrison Back-to-School Bash**

Lincoln Military Housing, Army Community Service, Family and MWR and Fort Sam Houston Independent School District are combining services to create a very special back-to-school event along with the garrison commanders quarterly townhall Aug. 13, 4-7 p.m. at the Dodd Field Splash Pad. Family and MWR, FSH school principals and the Department of Emergency Services, will conduct briefings. There will be food, a live DJ, visits by McGruff and Sparky, horse rides, bouncers, craft tables and a master kite flying exhibition. LMH is providing raffle prizes and Families will receive a school supply bag of goodies as well. Call 270-7638.

### **Start early with Back-to-School Immunizations**

Currently, the Brooke Army Medical Center Allergy/Immunology Clinic is available for back-to-school immunizations for eligible beneficiaries 6 years and older. Immunizations will be given on a walk-in basis Monday-Friday, 7:30-11:15 a.m.; and Monday, Tuesday, and Thursday from 1:15-3:45 p.m. in the Allergy and Immunization Clinic located on the third floor above the medical mall clinic entrance. Children 5 years old and younger should go to their respective assigned primary care provider for well-child immunization screening. Children should be appropriately immunized before school begins. Many schools will not let children attend class until they meet the state requirements. Call 916-3011 or for current state immunization requirements visit <http://www.dshs.state.tx.us/IMMUNIZE/>.

### **ASAP Relocates to McWethy Troop Medical Clinic**

The Army Substance Abuse Program office located at BAMC in D lot Trailer 2 moved to Building 1279A (trailer adjacent to McWethy Troop Medical Clinic) on Fort Sam Houston Aug. 10. Scheduled appointments will resume on Aug. 16 at the new location. Call 295-4094.

### **Trainee Behavioral Health Clinic Relocates**

Trainee Behavioral Health Clinic moved to the new Fort Sam Houston Primary Care Clinic on Aug. 9. They will re-open for scheduled appointments Aug. 16. Emergencies will be seen at Building 1279A (trailer adjacent to McWethy Troop Medical Clinic) Aug. 9 and at the Fort Sam Houston Clinic location beginning Aug 10. Call 808-2584 or 808-2534.

# Fair hosted for special needs military children

By Cheryl Harrison  
ACS Marketing

The Department of Defense's Exceptional Family Member Program held a first-of-its-kind Joint Military Resource Fair Aug. 6 with more than 300 military Family members in attendance at the newly opened Morgan's Wonderland.

The focus of the fair was to put Families with special needs members in touch with various resources that specifically support individuals with disabilities.

Special needs children often need extra or specialized care, compounding the daily stresses of Family life in the military. There are many support groups available to these Families, but they are not always easily accessible.

Booths lined the gymnasium at Morgan's Wonderland offering information on child care placement, tuition assistance, counseling, respite care and special classes for Families with special needs individuals.

Morgan's Wonderland, a park designed specifically for children and adults with special needs, proved to be the perfect location for the fair. Families connected with support; parents and children had a great time.

Morgan's Wonderland has many specially-equipped rides to accommodate children with special needs, including those in wheelchairs.

The Off-Road Adventure Ride was very popular. The ride's ultra-accessible vehicles are the first of their kind in the world, enabling individuals in wheelchairs and their companions to enjoy the experience comfortably.



Sgt. Kevin Lapinski, Headquarters and Headquarters Company, and his 3-year-old son Clayton enjoy catch-and-release fishing on the eight-acre lake under the covered deck of the rustic Fishing Wharf at Morgan's Wonderland.

Dylan Costales age 10 concurred, "The best part was driving!"

According to Melissa Reyes, Fort Sam Houston's EFMP program manager, "This was a fun informative event that provided Families an outlet to meet others who experience the same challenges on a day-to-day basis."

Families from Lackland and Randolph Air Force Bases joined with Families from Fort Sam Houston to enjoy the event.

"It was a great opportunity for Families to come together from the different military branches and have a stress-free day and just have fun," said Angela Swain, Fort Sam Houston EFMP specialist.

Ivan Tull, a Morgan's Wonderland volunteer, summed up his feelings about the park and the day's event, "The biggest grins you've ever seen are the ones on the faces of the kids who visit this park."

For more information on the resources available to Families who have individuals with special needs, DoD's Exceptional Family Member Program can be reached at 221-0285.



The first thing visitors will see when they enter Morgan's Wonderland is "Taking Flight," a sculpture by San Antonio artist Doug Roper. The sculpture reflects the theme of the park – butterflies – and depicts the idea that all children and adults are able to emerge from their cocoons and fly no matter their physicality.



Photos by Cheryl Harrison

Morgan's Wonderland Sensory Village is a creative space offering stimulation through the use of colors, lights, sounds and textures. Children color on the screens using only their fingers and imaginations.



# Can you hear me now?

## Army researchers discover auditory processing deficit in some 68D students

By L.A. Shively  
FSH Public Affairs

Researchers recently discovered operating room specialist students having trouble passing the course may actually have difficulty hearing and, as a result, comprehending the material.

During a 2006 study of student attrition rates examining personal characteristics as related to academic performance, researchers found visual learners achieved higher scores than their counterparts who relied on verbal or auditory cues for information.

Further study indicated that students in the 68D pipeline had lower than expected grades on auditory attention tests.

The findings were surprising said researcher Petra Alfred, who explained those students at risk for success in the course were not able to discriminate between certain word sounds and environmental noise.

Lead investigator doing the auditory research, Alfred is part of a team at the Army Research Laboratory-Army Medical Department Field Element at Fort Sam Houston currently looking for methods to help military students learn more quickly and retain information more thoroughly.

Alfred's paper on this work, "Auditory Discrimination & Academic Performance" explores the relationship between the ability to perceive different sounds from background noise, key demographic variables such as race and gender, and academic performance among 68D trainees.

The paper will be a chapter in "Advances in Understanding Human Performance: Neuroergonomics, Human Factors Design, and Special Populations."

Using the Woodcock Johnson III Test of Auditory Attention, Alfred compared 48 trainees from the 68D course: 25 students deemed high-risk who failed the course and 23 students deemed low-risk who carried an

**Researchers found visual learners achieved higher scores than their counterparts who relied on verbal or auditory cues for information.**



Courtesy photo

Petra Alfred administers Woodcock Johnson III Test of Auditory Attention to a volunteer Soldier.

A or B average.

Students listened to similar-sounding words such as cat or hat spoken over progressively louder background noise; then pointed to a picture of the word they thought they heard.

"One type of discrimination is the ability to discern sounds, for instance 'P' versus 'B,'" explained Dr. Valerie Rice, co-researcher on the project and chief of the U.S. Army Research Laboratory-Human Research and Engineering Directorate's field office at Fort Sam Houston.

"If you're not paying very close attention, or have auditory processing problems you're not going to be able to differentiate between a hat and a cat or something that's really close, especially when the background noise is really loud," Alfred said, comparing the test to speaking with someone in a

loud restaurant.

"It's hard to tell if a person's saying one word or another word and that's what we're looking at."

Another surprising finding was that female Caucasian students scored much lower than male Caucasian students, so regularly in fact that Alfred was able to predict failure and success based on race, gender and risk status.

Anomalies in Alfred's findings included one student whose cultural background included storytelling. She did quite well with the test yet failed the course; while another who was passing the course failed the test because English was her second language.

Though she could predict success based on testing, Alfred said students who have not been tested may be unaware of hearing challenges and instructors may never notice problems.

Auditory attention or discrimination testing, such as the Woodcock Johnson test, looks at cognition not hearing and differs from the tonal testing all military members receive when entering service.

"The only reason it came to light here was because we were doing a research study and that happened to be one of the [tests] we were using on our cognitive evaluation," Alfred said.

Not quite able to pin down the causes of auditory deficiencies in the 68D trainees, Alfred postulates students might have attention issues related to their environments and the abundance of technology.

"You would think it would make them better at being able to process because they have so many types of stimuli – TV, video games, phones – but it seems they tend to focus in on one thing at a time, at least that is what we were hypothesizing," Alfred said.

"I would have thought students the age of recent high school graduates would not have auditory discrimination challenges, given what I perceive is that generation's ability to multitask," said Maj. Robert Holcek, chief, Operating Room Branch in the Department of Nursing Science.

"This research has made us more aware of some of the challenges our students experience," Holcek said.

"All students are unique, even those that may not experience auditory discrimination challenges may experience other challenges. However, I believe not only our classroom, but Dunlap Hall provides students on Fort Sam Houston with a wonderful classroom environment."

Rice suggested giving students, who are auditory learners, short bits of feedback, or taping a lecture and listening again instead of using flip cards with the answers to study.

"It's not a matter of loudness," Rice said. "The more senses you use including [touch] the more likely you'll get it into long-term memory."



## FAMILY TIES



**Photo by Lori Newman**

Twenty members of the Van Valkenburgh family explored the Fort Sam Houston Museum Aug. 5. The family was in San Antonio for their 40th reunion. The group also presented a plaque to the Memory Garden at the National Museum of the Pacific War in Fredericksburg honoring Capt. Franklin Van Valkenburgh and the crew of the USS Arizona who lost their lives Dec. 7, 1941 during the bombing of Pearl Harbor. For more information on the Van Valkenburgh family visit <http://www.nawf.org>.

# Bicyclist rides 5,400 miles, raises money for Fisher Houses

By Maria Gallegos  
BAMC Public Affairs

John Reyes rode 5,400 miles from San Antonio to Boston and back to raise money for the Brooke Army Medical Center Fisher Houses.

Eight months ago, he decided to take the 85-day voyage to support the Fisher Houses, where wounded warriors and their Families reside during recovery and rehabilitation at BAMC.

“Even though I personally didn’t receive assistance and care at the Fisher Houses, and my brother is the only military connection, I feel this is a special place,” Reyes said. “This organization helps both the warriors and their

Families, and that’s important to me.”

The non-profit organization Soldiers’ Angels collaborated with Reyes on the trip. Soldiers’ Angels provides aid and comfort to all who have a military connection with or for the servicemen and women.

Sean Thomas, a former Marine and Eric Rice, retired Army, were the two Soldiers’ Angels representatives who helped facilitate Reyes during his challenge.

They coordinated with other Soldiers’ Angels representatives from different parts of the country to arrange accommodations for Reyes to stay overnight after his daily 10-hour ride to rest and gear up for another day.



John Reyes stands behind his bike with Fisher Houses staff, volunteers and wounded warriors Families. Sean Thomas and Eric Rice are pictured with red shirts. Reyes rode 5,400 miles on his bike from San Antonio to St. Louis, Washington, D.C., Boston, Pensacola, Fla., and back within 85 days.

Photo by  
Maria Gallegos

“I have never done this before, but I am looking forward to doing it again, possibly across the entire country,”

Reyes said.

Reyes raised \$2,500 for the Fisher Houses and said it was an adventure of a lifetime.

For more information about the Soldiers’ Angels, log onto <http://www.soldiersangels.org>. For information on

Reyes’ commitment, click on <http://www.active.com/donate/teamfisherhouse/bostonandback.com>.

# Using foot shape to select running shoe is ‘sports myth’

By Lyn Kukral

U.S. Army Public Health  
Command (Provisional))

If you want to minimize your chance of injury while running, you choose a shoe based on your foot shape, right? Wrong.

Results of three military studies showed that prescribing shoes based on foot shape made no difference in the rate at

which injuries occurred in Army, Marine and Air Force basic trainees, who spend quite a bit of time running. That’s “no” as in none, sports fans.

“We found no scientific basis for choosing running shoes based on foot type,” said Bruce Jones, M.D., injury prevention program manager at U.S. Army Public Health Command (Provisional), Aberdeen Proving

Ground, Md. “Our findings have surprised not just military decision-makers — many of whom run to stay fit — but runners in general.”

Popular running and sports medicine literature recommends that people with high arches should choose cushioning shoes, those with normal arches should choose stability shoes, and those with flat feet should choose

motion-control shoes, Jones explained. The literature says that such shoes will compensate for the way these foot types strike the ground during running and lessen injuries to the legs and feet.

“This seemed to many of us to make sense,” said Jones, a long-distance runner for many years. “But when we looked at it in multiple, scientific stud-

ies, it turned out to be a sports myth.”

Jones and his colleagues were asked by the Department of Defense to test whether basic trainees suffered fewer injuries if shoes were matched to foot type in the way the literature suggested.

Overall, the health command’s injury experts

**See MYTH P20**



**Photo by C. Todd Lopez**

Results of three military studies showed that prescribing shoes based on foot shape made no difference in the rate at which injuries occurred in Army, Marine and Air Force basic trainees.

## Troops move out for less with Exchange Home Services

On average, military Families move once every two years. As a result, they regularly face a confusing array of choices when it comes to TV, Internet and phone services available at their new duty station.

Fortunately, the Army & Air Force Exchange Service is taking the guesswork out of setting up communication offerings with its Exchange Home Services program.

This new initiative allows military Families

in the continental U.S. go online to compare local offerings for TV, Internet and telephone, individually or bundled, to ensure they are receiving the best deals in their area.

By logging onto <http://www.aafes.com/Ho>

meServices or by calling 877-836-5205 and providing a street address and ZIP code, on- or off-base, shoppers can easily make side-by-side comparisons of features and prices from top providers.

A search specific to

Fort Sam Houston yields television options ranging from \$19.99-\$84.99, telephone service starting at \$17.99 and Internet connections from \$59.99 (*Editor’s note: these prices are subject to change*).

“Exchange Home Services will not only make life easier for those

that are PCSing, but also for those who just want to shop smarter by comparing their current service to other options,” said Mark Morell, vice president.

“They simply make their selection and then schedule start-up.”

(Source: AAFES)



# BAMC Warrior Transition Battalion welcomes new company

By Maria Gallegos  
BAMC Public Affairs

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The Brooke Army Medical Center Warrior Transition Battalion celebrated the activation of Headquarters and Headquarters Company July 30 at the BAMC Auditorium.

First Lt. Tyson V. Mele, HHC commander, and 1st Sgt. John M. Smith, HHC first sergeant, took command of the new company.

The focus of HHC is to provide compassionate leadership and support for wounded warriors assigned or attached to the unit, optimizing their transition to active duty or into civilian life.

"I vow to maintain compassionate leadership

for our warriors and staff throughout my tenure," Mele said.

"I ask that you continue to mentor and challenge me to always be a better leader and ask for prayers that you and I are able to give steadfast compassionate leadership no matter how great the challenge."

The WTB Headquarters and HHC provides command and control, primary care, case management, leadership, training, accountability, administration, professional development, health, safety, and welfare of warriors, staff, and their Families assigned or attached to the BAMC-Warrior Transition Battalion.



Photo by Kelly Schaefer

Lt. Col. Charles A. Beeks, BAMC WTB commander, holds the HHC guidon to pass to 1st Lt. Tyson Mele, WTB HHC commander as he accepts the responsibilities of the new company. 1st Sgt. John Smith, HHC First Sergeant, looks on.



6 X 9.75

VOTING from P1

who has access to the installation: active duty, retired, reserve, guard, DoD Civilians, Family members, veterans, contractors and students,” Hayes said. “This is a year-round position and the office will always be staffed.”

While Walton will act as the main source for voting information on Fort Sam Houston, there will still be voting assistance officers at all tenant units and battalion-level units.

“The goal is that Soldiers and service members will use the unit VAO to get help, but everybody else that comes to this installation can visit the new voting assistance office and make use of the services we provide,” Hayes said. Even though most

elections take place in the spring or fall, Hayes said the new office will easily have enough to do throughout the year.

“We always have congressional races going on, as well as races for mayors, governors and councils going on and each state has their own particular time to vote, so it is a year-round job,” Hayes said.

“I’ve been the installation VAO for the last two years and we’ve always been busy. There’s always a primary or a ramp-up to one. There’s always some race of some kind going on, so we always have something to do.

“In addition, the new office can help people with absentee voting and process the forms and mail them in,” he continued. “We’ll be able to tell people coming into our

**“This is a great opportunity for civilians who access this post to come and register to vote, find out when their primaries are in their individual counties, be aware of voting requirements and get more information about who is running in their area.”**

**– Russell Hayes,**  
**deputy director of Human Resources and Work Force Development.**

office when elections are taking place in their cities and states, and what they need to do to be able to vote.”

With the huge influx of students and other personnel expected at Fort Sam Houston in the coming months, Hayes said the office will be reaching out to the new VAOs.

“One of our goals is

once tenant units like the Medical Education and Training Campus is up and running, to contact their voting assistance officers and get them through the proper training and provide assistance as needed,” Hayes said.

“What’s been awesome about this installation is that we already

had an office set aside specifically for this purpose before the government mandated it,” Hayes said. “We set it up more than a year ago, so the transition has been very seamless. When the directive came out, all we had to do is tweak some of our procedures and add some of the things the DoD wanted.

“This is a great opportunity for civilians who access this post to come and register to vote, find out when their primaries are in their individual counties, be aware of voting requirements and get more information about who is running in their area,” Hayes added. “They won’t have to go to their local county office. They can do it all right here.”

For more information, go to <http://www.sam-houston.army.mil/hra/vote.aspx>, <http://www.fvap.gov> or <http://www.sos.state.tx.us/elections/voter/militaryoverseas.shtml>. The voting assistance office is open from 7:30 a.m. to 4 p.m. Monday through Friday at Building 2263, Room 205. The phone number is 221-0107.



# Defense Biometric Identification System Q & A

By Curtis Hoosier  
DES, Physical Security Section

Although the term “DBIDS” or Defense Biometric Identification System has been circulating around the installation there are still many questions.

The Department of Defense mandated all military installations implement a biometric access control system. Joint Base San Antonio which includes Fort Sam Houston, Randolph, and Lackland, have partnered with the Defense Manpower Data Center to provide the DBIDS system at JBSA.

DBIDS is a tool that will aid the security forces at access points in determining authorization for entry and detect-

ing fake or false identification cards; thus making for a safer and more secure installation.

For DBIDS to be successful, all DoD identification card holders age 16 and older, must register their cards. The following answer some basic questions.

**Q: Will I get another ID card?**

No. You register your existing CAC, dependent, retiree, identification card which will remain your source of entry identification.

**Q: Will I have to register when I visit another JBSA installation?**

No. When you resister at FSH you will have access for all of JBSA.

**Q: I have concerns about personal identification protection and**

**fingerprinting?**

DMDC is the same government organization that controls DEERs Rapids and as part of the DBIDS system, DMDC will provide a download of data that will cross reference your identification card during registration. Fingerprinting during registration aids in verifying identity and during increased protection levels, biometrics (fingerprint) verification will be utilized to determine a person's authorization for access.

**Q: How will the system be implemented?**

The DBIDS program will be phased in. Phase I will be installation of the system. Phase II will be registration of the entire Ft Sam Houston military community. This phase

will take approximately 6 months once implemented. Phase III will be socialization, whereby, the system will be utilized at the access point to identify non-registrants and to educate the populous on the system. In dispelling another rumor, no one will be denied access during this phase. Phase IV will be enforcement. Once enforcement begins, those patrons that have not registered will find there access delayed and disrupted until such time they get registered.

**Q: When and where do I register?**

Fort Sam Houston is currently scheduled to receive the DBIDS system in late September 2010. Once the system has been fully installed and tested we will begin limited reg-



Courtesy photo

A security guard checks a driver's identification at a post access point. The new DBIDS promises to speed entry and upgrade installation safety.

istration at various locations with full registration beginning after the holidays. For complete information on dates, times,

and locations visit the DES website at <http://www.samhouston.army.mil>.

## ARSOUTH EMPLOYEES HONORED



Photo by Alex Delgado

(From left) Jose A. Rodriguez, Sharon L. Wray, and Carlos A. Vasquez show off their years in service certificates. The trio was presented with the awards during the U.S. Army South Monthly Awards and Training Day Aug. 6.

### CEMETERY from P1

San Antonio and Kerrville projects are part of a nationwide effort to improve national cemeteries around the country using ARRA funds. These efforts include:

- National Shrine projects to raise, realign, and clean headstones/markers and repair sunken graves;
  - projects that conserve energy and water through the use of wind turbines, solar power and other measures;
  - projects to repair and preserve historic monuments and memorials at national cemeteries;
  - projects to repair roads, buildings, and other cemetery infrastructure; and
  - equipment purchases for cemetery operations.
- "The Recovery Act is having a significant

impact on these national cemeteries now and will for years to come," said VA's Acting Under Secretary for Memorial Affairs Steve L. Muro.

"At many of our national cemeteries, we are making our facilities more energy efficient and we're taking care of maintenance that has in many cases been deferred," Muro said. "At many sites, irreplaceable historic structures and objects will receive overdue repairs while keeping skilled American artisans employed on projects important to our veterans."

More than 100 cemeteries, Soldiers' lots and monument sites will be improved with ARRA funds.

Highlights include the installation of solar photovoltaic systems at Calverton National

Cemetery on New York's Long Island and San Joaquin Valley and Riverside National Cemeteries in California; a wind turbine at Massachusetts National Cemetery in Bourne, Mass.; and repair and restoration of 49 of the oldest and most significant memorials at 36 different sites in 23 states.

VA has obligated approximately \$50 million in Recovery Act Funds for 391 projects at National Cemeteries and other sites managed by the National Cemetery Administration.

For more information about the projects at Fort Sam Houston National Cemetery and its satellites, contact national cemetery director Gill Gallo at 820-3891.

*(Source: Department of Veterans Affairs)*



## FISHER HOUSE DONATION



**Courtesy photo**

(From left) Ruben Villanueva, Residential Communities Initiative; Col. Mary E. Garr, Fort Sam Houston Garrison commander; Carrie Starkey, front desk supervisor, Intercontinental Hotels Group Army Hotels; Russell Ritson, hotel manager, IHG Army Hotels; Russ Fritz, Fisher House assistant manager; and Teresa "Sarge" Colatarci, general manager/regional director of operations (FT Sam Houston/FT Hood/FT Myer) post for a photo. IHG presented a check for \$3,454 to the Fisher House. IHG manages Army hotels at 10 Army installations including Fort Sam Houston. The funds were raised through numerous initiatives by staff. "When I first met Inge from the Fisher House she stated the houses needed renovations, so I hope that the funds we donate can assist our local Fisher House in making that a reality for our military who depend on the services the Fisher House provides them in their time of need," said Colatarci.

# Bexar County Commissioners Court honors WHMC's trauma service

By Linda Frost  
59th MW Public Affairs

The Bexar County Commissioners Court honored Wilford Hall Medical Center and its Air Force trauma team in downtown San Antonio July 27 for providing Level 1 trauma care since 1996 to Bexar county residents and South Texas.

County Judge Nelson Wolff presented a proclamation on behalf of the commissioners to Maj. Gen. Tom Travis, commander of the 59th Medical Wing, recognizing all past and present hospital staff in delivering high quality trauma care for the last 14 years.

WHMC has been responsible for an area that covers 26,000

square miles and is home to 2.2 million Texans.

"Countless people are alive today because of Wilford Hall's commitment to providing civilian trauma care," stated the proclamation, signed by Wolff and the commissioners.

On July 1, WHMC relocated its Air Force trauma mission to Brooke Army Medical Center to consolidate with its Army counterparts.

The relocation of trauma services is one of several historic moves as WHMC shifts inpatients and staff to Brooke Army Medical Center at Fort Sam Houston to create the San Antonio Military Medical Center.

The move will be completed by Sept. 15, 2011, as mandated by the 2005



Courtesy photo

Maj. Gen. Tom Travis, commander, 59th Medical Wing, is congratulated by Bexar County Commissioner Kevin Wolff July 27 at the Bexar County Courthouse, for providing trauma services to San Antonio and South Texas. Commissioner Tommy Adkinson (left) looks on as Judge Nelson Wolff (center) holds the proclamation honoring Wilford Hall Medical Center trauma teams.

Base Realignment and Closure law.

During the brief ceremony at the county courthouse, Wolff relayed

his praise for the Air Force trauma team and their collaboration with the Southwest Texas Regional Advisory Council and the Level I trauma centers at University Hospital and BAMC.

The proclamation, read during the ceremony, stated that WHMC

has been critical to training civilian surgeons, physicians and medical students from The University of Texas Health Science Center San Antonio and has done this as a vital partner with University Health System.

"The citizens of Bexar County have benefited from the expertise of Wilford Hall trauma team members for many years," said George B. Hernández Jr., president and chief executive officer, University Health System. "We are deeply grateful for your commitment to our community and country, and honored to work collaboratively with you to save lives."

The proclamation also noted that combat casualty care training at WHMC and its leadership directly resulted in the development of establishing a joint military trauma system in Iraq and Afghanistan, which has

contributed to the lowest combat casualty mortality rate in the history of warfare.

"The trauma services our teams have provided in this region over the years has greatly improved our ability to provide trauma care during the current war," Travis said. "Air Force medical teams have done well over 27,000 trauma surgeries at the two theater hospitals in Iraq and Afghanistan since the war began, with the highest survival rates and lowest died-of-wounds rate in history."

"The 59th Medical Wing is still providing trauma care to San Antonio and to the region, but now at Fort Sam Houston as we stand up the San Antonio Military Medical Center in the next year," the general added.

"We are thankful for our partnership with the University Health System and our Army colleagues at BAMC as we continue to provide this important care," Travis said.



6 X 9.75





This year's Basic Officer Leadership Course class of 482 students stand at parade rest during the July 26 graduation ceremony. The BOLC is required for every Army officer.

Col. Donna Whittaker (left) awards 2nd Lt. Stephen Young a certificate of achievement for scoring 375 points on the Army physical fitness test during his attendance at BOLC.



Col. Donna Whittaker awards 2nd Lt. Ally Ha (right) a certificate of achievement for scoring 370 points on the Army physical fitness test during her attendance at BOLC.



Col. Donna Whittaker awards 2nd Lt. Robert Atchison an Army Achievement Medal for his meritorious achievement as the recipient of the Lynch Leadership Award during his attendance at BOLC.

# Academy of Health Sciences

## “AMEDD readiness starts here”

By Esther Garcia  
FSH Public Affairs Office

The Academy of Health Sciences, under the Army Medical Department Center & School, is a complex institution with the mission to develop, train and educate military medical personnel.

As the dean of the AHS, Col. Donna Whittaker manages 14 teaching departments providing 315 programs of instruction to officers, enlisted and foreign students with a total staff and faculty of 1,860, and an average daily student load of 4,900.

The academic departments within the Academy of Health Sciences are: Center for Pre-Deployment Medicine; Leader Training Center; Nursing Science; Medical Science; Preventive Health; Veterinary Science; Pastoral Ministry Training; Behavioral Health Science; U.S. Army School of Aviation Medicine; Combat Medic; Clinical Support; Dental Science; Health Services Administration; Health Education and Training; and the Graduate School. Of the 315 programs, 41 will move to the Medical Education and Training Campus, all

others will remain at AHS.

“Our job is to educate and train medically-focused Soldiers in leadership and medical skills,” said Whittaker.

“Training the officer and the enlisted medical force in those tasks and skills that are required to support the ground Soldiers is the bottom line; we are here to medically support the Soldier in the field,” said Emil Meis, deputy for the Leader Training Center, one of the 14 teaching departments under the AHS.

“The 315 different programs range from a one-week course to doctoral studies,” said Whittaker. All courses are reviewed by the American Council on Education. Students attending courses can get undergraduate and graduate college credits.

She noted the AHS does not confer any degrees, so it partners with universities to support six master degree and five doctoral programs. These affiliations include Baylor University, University of Nebraska Medical Center, Northeastern University, Fayetteville

State University and Erskine Theological Seminary. Students can earn master's degrees in health and business administration, nutrition, anesthesia nursing, physician assistant studies, and social work; and doctoral degrees in physical therapy, occupational therapy, pastoral care, physician assistant in emergency medicine or clinical orthopedics, sports medicine-physical therapy, and orthopedic and manual physical therapy.

The AMEDDC&S is accredited by the Council on Occupational Education and by the U.S. Army Training and Doctrine Command. Students attending courses range from students who have completed basic combat training and do not have Army skills, to brand new officers right out of college.

“And we get all the way up to some senior leaders who attend the strategic leadership course. So we have the full spectrum. Throughout the Army medical person's career they can come back to Fort Sam Houston for all their education and training needs,” Whittaker said.

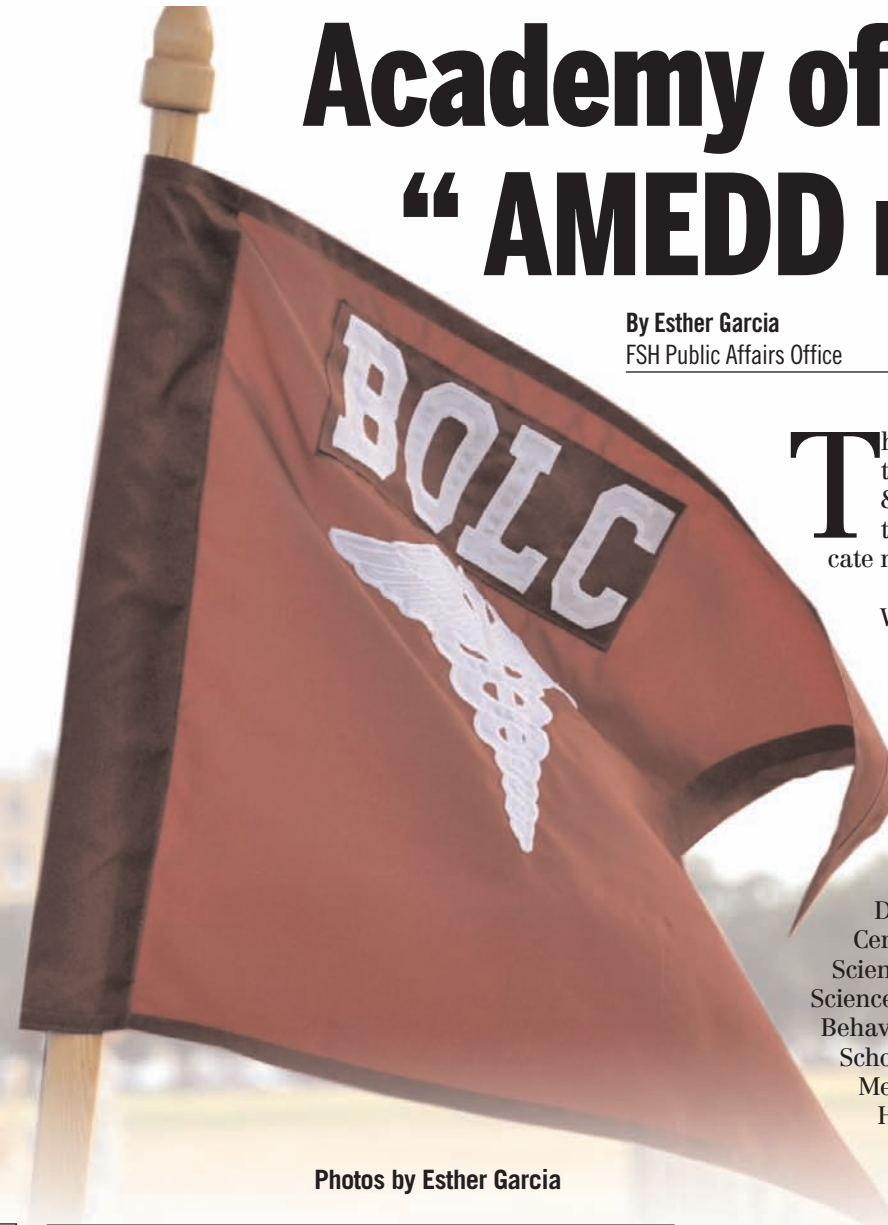
“For leadership development, I like to call it “from cradle to grave leadership”, said Meis. “We take a brand new officer in the Leader Training Center, right out of college or medical school, and sometimes those who are still in medical school, based on whether the Army is funding that medical school attendance, all the way through the very senior level officer leadership courses at the lieutenant colonel and colonel level. We teach courses to refine the leadership skills of officers below the rank of general at the more senior level to help develop a more strategic perspective on the military medical community worldwide.

Whittaker said the medical enlisted force attends the advanced leader course and the senior leader course hosted by the Army Medical Department NCO Academy.

“It is not completely cradle to grave educational and professional development training for medical personnel because units have training requirements and responsibilities for Soldiers assigned to them,” said Whittaker. The AHS offers a variety of professional development and distributed learning courses which officers and enlisted personnel take to prepare them for assignments such as pest management or behavioral health.

The Leader Training Center with a staff and faculty of 100 conducts 14 different leadership courses, with an output of 4,500 officers a year. COL. Jeffrey Haun is the chief of the center.

Every Army officer regardless of branch of service whether they are an infantryman, artilleryman or a finance officer entering the Army is required to go to a basic course of instruction. For example, on July 26, 482 students graduated from the Basic Officers Leaders Course held once a year for health professional scholarship students and Uniformed



Photos by Esther Garcia



Brig. Gen. Bryan Gamble (left) congratulates his son, Bryan Gamble, on his graduation from BOLC. Gamble Sr. is currently commanding general of Fort Gordon's Eisenhower Medical Center at Ft. Gordon, Ga.



# Coca-Cola Zero music tour looking for Soldier-based bands for openers

By Tim Hipps

Family and MWR Command

Fort Sam Houston will host the Coca-Cola Zero Music Tour for a free concert at 2 p.m. Sept. 11, put on by the Family and Morale, Welfare and Recreation Command.

Thirteen Army installations are scheduled to play host to the traveling caravan designed to reinvent a "battle of the bands" venue for independent military musical groups who aspire to perform in concert settings.

The FSH show is the last in a series of concerts that begin Aug. 14 at Army installations throughout the country.

The goal of the tour is to have Soldier-bands perform prior to up-and-

coming recording artists Junior and Lisa Palleschi, who will headline the shows at numerous NASCAR events and college football games throughout the Southeast, including the 2011 Senior Bowl.

To perform at any of the remaining 11 military venues on the Coca-Cola Zero Music Tour, bands must submit video, audio and photographic entries online at <http://www.entertainment.armymwr.com> by clicking on the Coca-Cola Zero Music banner to create an account and enter the contest.

The bands with the most votes through social media will open for Palleschi and Junior when the Coca-Cola Zero music stage goes live on

their installation.

Fans and other bands can vote for their favorites by signing up for an account at the same site, <http://www.entertainment.armymwr.com>, and

clicking on the Coca-Cola Zero Music banner.

Palleschi's music has been featured in several sports-related programs and venues, ranging from NASCAR television shows to NFL stadiums.



FOX Sports Net used her music and image to open Major League Baseball games throughout the 2009 season.

Junior is a pop punk-Southern rock band from Gladewater, Texas. Their style of music can be described as cowpunk, with mixes of punk (similar to Green Day), classic rock (similar to The Doors), and traditional Southern rock, (similar to Lynyrd Skynyrd).

Junior has opened for bands such as Bowling for Soup, Unwritten Law, Reel Big Fish, The All-American Rejects and Everclear. Junior's music has been featured on national sports programming through FOX Sports Net and Speed TV.

Garrison officials are urged to pair the Coca-

Cola Zero Music Tour with other activities on their installations to generate a full program of Family and MWR-style fun and music. The tour comes with a 400-square-foot stage and 30,000-watt sound system. All that's required is a level surface that measures 60-by-60 square feet and an audience.

Other Coca-Cola Zero Music Tour venues include: Aug. 14 at Fort Lee, Va.; Aug. 15 at Fort Eustis, Va.; Aug. 19 at Fort Campbell, Ky.; Aug. 28 at Fort Gordon, Ga.; Sept. 1 at Fort Jackson, S.C.; Sept. 3 at Fort Stewart, Ga.; Sept. 7 at Fort Leavenworth, Kan.; Sept. 8 at Fort Riley, Kan.; Sept. 9 at Fort Sill, Okla., And Sept. 10 at Fort Hood, Texas.

## NEW FSH MEDICAL CLINIC OPENS

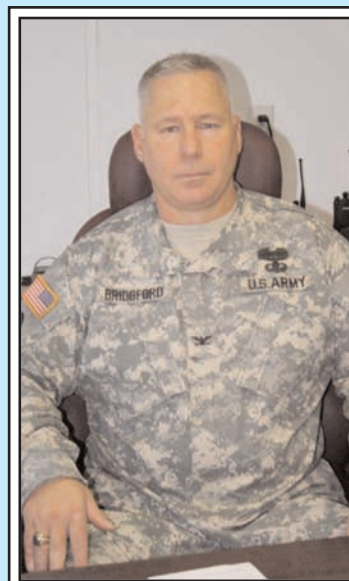


**Photo by Maria Gallegos**

As part of the Base Realignment and Closure transition process, Family Medicine Service at Brooke Army Medical Center has relocated to the Fort Sam Houston Medical Clinic at 3100 Schofield Road, Building 1179. Fort Sam Houston Family Medicine Service is available to currently enrolled active duty as well as TRICARE Prime and TRICARE PLUS enrollees of all ages. The scope of comprehensive services includes readiness care, chronic and acute illness care, preventive health maintenance, health promotion and wellness, education and counseling, nutrition services, behavioral medicine, and specialty consultation and referral. Hours of operation are Monday through Friday from 7 a.m. to 4:30 p.m. Call 808-3500 for information.

## NEW DEPUTY COMMANDER

Army Col. Robert S. Bridgford has joined the 502nd Air Base Wing at Fort Sam Houston as deputy commander. He succeeds Robert Graves, a U.S. Army annuitant, who returned to retirement late last month following his voluntary recall to stand up the wing and Joint Base San Antonio in July 2009. Bridgford was most recently chief of staff, Fires Center of Excellence at Fort Sill, Okla. Prior to that he was garrison commander at Fort Sill.



**Courtesy photo**

# AAFES rewards military pets with prizes

The Army & Air Force Exchange Service is “throwing a bone” to military pets and their owners in the “Patriot Pet Just Say ‘Treat’” photo contest found online at <http://www.flickr.com/photos/aafespa/4840873955/?edited=1>. Now through Sept. 30, authorized exchange shoppers can submit a photo of their pet along with a short description of their four-legged friend. “Based on the success of our last pet photo contest, with more than 800 entries received, it’s

apparent that pets play a huge role in the lives of military Families,” said AAFES’ Senior enlisted adviser Chief Master Sgt. Jeffry Helm. Submissions will be judged on creativity, uniqueness, quality and effectiveness in conveying the loyalty and companionship of pets belonging to military members. The grand prize winner will “fetch” a \$1,000 AAFES shopping spree. Additional prizes include a \$500 shopping spree for first place and eight runners up will receive either

an aquarium, pet bed, pet’s view eye cam, pet gate or a portable pet crate. To participate in the Patriot Pet contest, e-mail PatriotFamily@aafes.com with “Patriot Family Pet” in the subject line. Entries must include name, address, phone number, rank/occupation and pet’s information (name, breed or type of pet) as well as a brief description. Additional details are available at <http://www.aafes.com>.  
*(Source: AAFES)*

## MYTH from P7

— led by Dr. Joseph Knapik — looked at more than 9,000 pair of feet, manually measuring arch height as well as taking foot imprints. In the most recent study of Marine recruits, 1,400 men and women were divided into two groups at random, with one group receiving shoes matched to their foot types and the other group (the control group) receiving stability shoes. The recruits with shoes prescribed according to foot type experienced the same rate of injuries as those in the control group,

regardless of other factors, such as age, sex, race and smoking habits. The military services are keenly interested in preventing injuries from running, and for good reason. “Injuries are the leading health problem in the U.S. military, resulting in about two million visits to medical treatment facilities a year,” Jones said. “Of those, more than 50 percent are lower-extremity injuries caused by weight-bearing training, and the biggest culprit is running.” In addition to the pain and disruption the service-member suffers, such

injuries mean duty time lost to recovery, which in turn affects unit readiness. Some medical experts argue that static foot morphology (what Jones and colleagues looked at in their studies) is less predictive of injuries than studying the foot in motion, but so far that theory has not been put to the scientific test. In the meantime, what’s a runner to do? “You should choose a shoe that you like and that feels comfortable,” Jones advised. In other words, if the shoe fits (comfortably) — wear it.



## HONORABLE SERVICE



**Photo by Ed Dixon**

(From left) Lt. Col. Daniel Mishket, 5th Brigade ROTC; 1st Sgt. Jeffrey Milos, HHD, 470th Military Intelligence Brigade; Lt. Col. Heidi Gebhardt, U.S. Army South; Master Sgt. Bobby Russell Jr., HHC, 1st Armored Division; Rhonda Greer, U.S. Army South; Sgt. 1st Class Gideon Providence, U.S. Army North; Lt. Col. Daniel Bowman, U.S. Army North; Master Sgt. Jose Sierra Jr., 287th Military Police Company; and 1st Sgt. Lorenzo Diaz Jr., Brooke Army Medical Center, pose for a photo following the retirement ceremony in the Fort Sam Houston Historic Quadrangle July 28.

## BACK-TO SCHOOL CELEBRATIONS

### Garrison Back-to-School Bash

Lincoln Military Housing, Army Community Service, Family and MWR and Fort Sam Houston Independent School District are combining services to create a very special Back-to-School event along with the Garrison Commanders Quarterly Townhall Aug. 13, 4-7 p.m. at the Dodd Field Splash Pad. Family and MWR, FSH school principals and the Department of Emergency Services, will conduct briefings. There will be food, a live DJ, visits by McGruff and Sparky, horse rides, bouncers, craft tables and a master kite flying exhibition. LMH is providing raffle prizes and Families will receive a school supply bag of goodies as well. Call 270-7638.

### Back-2-School Bowling

A special Back-2-School bowling bash will be held Aug. 16, 11 a.m.-5 p.m. at the FSH Bowling Center. For \$5 per person, bowlers get shoe rental and unlimited games for three hours. There will be hourly prize drawings. Call 221-4740.

### Back-to-School Bash

Fort Sam Houston Youth Ministry, sponsored by the Religious Support Office invites youth, sixth to 12th grade, and their parents to attend a Back-to-School Bash Aug. 18 at 5:30 p.m. at Dodd Field Chapel. We will gather at for prayer, fellowship, and brief information session. Entertainment provided by Games2U, a mobile gaming theater. To RSVP or for more information, call 221-5943.

### AMEDD from P17

University of the Health Services and students beginning medical school.

"This is the first step in what we call the PME, or professional military education," said Meis. The Leader Training Center is responsible for two steps of PME, the BOLC and then the Captains Career Course. An officer between their fourth and seventh year of service comes here for the Captains Career Course which basically teaches them how to lead and operate in company size unit and work on staffs, said Meis.

However, in the Army medical department officers by their fourth and seventh year may be Majors or Lieutenant Colonels because of their level of medical specialty that they had when they came into the Army.

"All doctors when they come into the Army are Captains when they graduate from medical school, so by their fourth and seventh year they may be a Major," said Meis. Meis said they have had a few Lieutenant Colonels who are brand new to the Army and don't know anything about the Army, so this is their basic level of training.

The Medical Strategic Leadership course is offered three times a year for senior officers usually at the Colonel level or senior Lieutenant Colonel level. The course is comprised of 10 US officers and 10 international officers. The 10 U.S. officers normally include a Navy officer and an Air Force officer from their medical service. The 10 international officers are from partner nations around the world.

"Right now we have a course in session that is in Washington D.C. and frequently we get general officers from other countries. We have a brigadier general officer equivalent from Nepal in the current course," said Meis. Foreign officers spend two weeks at Fort Sam Houston becoming familiar with the Army Medical Department military strategic perspective, and then go to Washington D.C. to visit the Pentagon, the office of the Army Surgeon General, and the United Nations in New York City to help develop a more strategic perspective on our military. International students are assigned to the AHS International Military Student Office.

The AMEDD Pre-

Command Course is a seven-day course for officers who are board selected for lieutenant colonel or colonel level medical command, such as a tactical medical unit or a hospital. Whether they are dentists, nurses, doctors, medical service corps, or veterinarians, they are required to attend a pre-command course of their service and an Army pre-command course at Fort Leavenworth. The course prepares the officer for the command responsibility.

The Executive Skills Course convenes once a year and is conducted for senior AMEDD officers who are going into positions as deputy commanders for administration, or DCA, or deputy commander for clinical services or DCCS or deputy commander for nursing at a medical center.

The Division Surgeons and Brigade Surgeons Courses are two week-long courses for physicians who are selected for assignments as a division surgeon or brigade surgeon. The courses offer an opportunity to learn how the organizations function so they can assume the role as a staff advisor to a commander in those units.

The Forward Surgical Team Commander Course

provides the student the opportunity to learn about the Forward Surgical Team organization and how as doctors are employed so they understand the mission of the FST before they take command.

The Health Services Plans, Operations, Intelligence, Security & Training Course, is a course offered to officers who are currently assigned or preparing for a position that calls for a 70 hotel AOC officer and have never been in those positions. Whether the officer is reserve or active duty, the course gives instruction on medical doctrine, and those specific areas that help make them successful as staff officers in tactical units or major commands.

Whittaker summed up how AHS fits in with AMEDDC&S. "The AMEDDC&S has a center portion and a school portion, and the AHS and the NCO Academy are the school portion of the center and school."

This article is part one of four, a series of articles about the courses offered through AHS.

*(Col. Donna Whittaker and Emil Meiss contributed to this article)*

6 X 9.75



Dell Harrington, senior loss prevention consultant for the Texas Association of School Boards, provides training for Fort Sam Houston ISD Transportation staff members.

Courtesy photo



## Training ensures student safety

The start of the 2010-11 school year was marked by training sessions conducted for the Fort Sam Houston Independent School District Transportation Department, including bus drivers, monitors, and clerical staff.

On Aug. 9, Dell Harrington, senior loss prevention consultant for the Texas Association of School Boards, conducted conflict resolution training for the

staff members.

“Driving a school bus is one of the toughest jobs in the education field since bus drivers must keep their eyes on the road as well as maintain control of 50 or so students riding the bus,” said Business and Finance Director Julie Novak.

“This training is one way we can help the drivers and monitors develop the essential skills in managing and resolving conflicts so that

all our students are safe while being transported to and from school.”

On Aug. 10 and 11, transportation staff received training on CPR, first aid, and the use of automated external defibrillators. This training is provided on an ongoing basis so that bus drivers can respond as needed to a medical emergency.

During the summer, the bus drivers also received their annual physical examinations to certify them to operate a bus during

the year.

Once the school year starts, evacuation drills will be conducted with the students so that they can learn safe methods to exit a bus in an emergency situation.

“We appreciate the hard work and dedication of all the transportation department staff who make sure our students arrive at school and return home safely each day,” said Robert G. Cole Principal, Isabell Clayton.

*(Source: FSHISD)*

## Elementary Principal attends Harvard Institute

By Jayne Hatton  
FSHISD

Fort Sam Houston Elementary Principal, Tonya Hyde, attended the Harvard Graduate School of Education's Institute, Improving Schools: The Art of Leadership this summer. Hyde was one out of a hundred Texas principals chosen to receive a full scholarship to attend the institute sponsored by non-profit

organization, Raise Your Hands Texas.

The Harvard Art of Leadership Institute included participants from Australia, Panama and New Zealand, as well as Colorado, New York, Illinois and Texas.

“Every educator should have the opportunity to experience the collegial conversations, cooperative experiences, and sharing research based methodologies as

facilitated by the institute,” Hyde said.

“The Institute challenged us to reflect on our successes, examine our motives as educators, and focus on sustaining capacity building to transform our schools and educational practices as a whole.”

The nine day institute engaged educational leaders in activities provided by Harvard professors and guests.

Dr. Roland Barth led conversations on learning motives and the need for rigor and relevance. Dr. Pamela Mason provided insight into curriculum designs for reading instruction while Dr. Jeff Howard facilitated discussions focused on academic achievement gaps as seen through the eyes of the students.

Dr. Hunter Gehlbach spoke to the topic of building professional and personal relationships in an organization which

led to an experience cementing the importance of building team relationships through ropes course activities facilitated by Project Adventure.

“Through the generosity of Raise Your Hand Texas we learned how to apply research and best practices to increase student achievement. This experience supports our school improvement efforts and the district belief: We are a family of lifelong learners who respect and honor individual differences, diversity, and talents,” Hyde said.



Courtesy Photos

Tonya Hyde, Fort Sam Houston Elementary School principal participates in the Ropes Course at Harvard Institute this summer.



Announcements

Bingo Moves

Due to renovations at the Sam Houston Club, the bingo program will be conducted at Army Community Service, Building 2797, Stanley Road. The regular Friday bingo program will be played at ACS beginning Friday, Aug. 13. Doors open at 5 p.m. The next Big Bucks Bingo event will be held Aug. 14. Doors opens at 10 a.m. Regular Saturday Bingo will resume the following Saturday, Aug. 21. Doors open at 10 a.m. The bingo program is open to all military, other government employees (active or retired), their Family members and sponsored guests. For more information, call 224-2721.

Survivor Outreach Services

SOS ensures survivors are connected with local support services that include but are not limited to grief counseling, support groups and social events. The SOS staff can assist with understanding and applying for benefits, investing, estate planning, long term life skills education and support to survivors.

Call 221-1841.

Habitat for Humanity

Habitat for Humanity will partner with the Fort Sam Houston community and the ACS Volunteer Program to build houses in the San Antonio community. Volunteers are needed, no experience is necessary. Call 221-0516/2418/2584.

Summer Sale at the Golf Club Pro Shop

The Fort Sam Houston Golf Club Pro Shop is having its Red Hot Summer Sale through Aug. 31. Save up to 50 percent on in-stock clothing and equipment. All sales are final. Call the Pro Shop at 222-9386 for more information.

Calendar of Events

Aug. 12 Immigration Services

Relocation Readiness Program will offer immigration service noon-2 p.m. at ACS, Building 2797. Call 221-2418/2705.

EFMP, “Epilepsy and Seizures”

The class is 1:30- 3:30 p.m. at ACS, Building 2797. Guest speaker will be Eloy De La Cruz, Epilepsy Foundation Education coordinator and hear a parent’s story from Leslie Moccia. To register, call 221-0600/0285/2418.

Aug. 13 Prenatal Support Group

The group meets 11 a.m.-1

p.m. at ACS, Building 2797. Call 221-0349.

Texas Hold ‘Em

Tournament begins at 6 p.m. at the Sam Houston Club. Entry fee is \$20 and includes a boxed dinner and unlimited soft drinks. A cash bar is also on site. Great prizes will be awarded including gift cards, restaurant gift certificates and an iPod/cooler combo. To register, call 226-1663.

Aug. 16 Post Deployment Planning

The training is 9 a.m.-3 p.m. at ACS, Building 2797. To register, call 221-1829/2705.

Back-2-School Bowling

A special bowling bash 11 a.m.- 5 p.m. at the FSH Bowling Center. For \$5 per person, bowlers get shoe rental and unlimited games for three hours. There will be hourly prize drawings. Call 221-4740.

Savings and Investing

The class is 2-4 p.m. at ACS, Building 2797. To register, call 221-1612.

Aug. 17 Family Readiness Support Assistant Training

The training is Aug. 17-18, 8 a.m.-3:30 p.m. at ACS, Building 2797. This training will orient and inform FRSAs About the roles and responsibilities of their positions. To register, call 221-1829/2705.

PowerPoint Level 1

The class is 8 a.m.-noon at ACS, Building 2797 in the computer lab. Basic computer skills, completion of Word Level 1 and registration required. Call 221-2518.

EFMP Youth Horsemanship Camp

The camp is Aug. 17-19, 8:30-10:30 a.m. at the FSH Equestrian Center, for Exceptional Family Member Program children, 7-17 years old. Parents may attend with their children, respite care providers can be substitutes. Space is limited. To register, call 221-0285/0600/2705.

Women Encouraging Women

Meets noon-1 p.m. at ACS, Building 2797. The topic of discussions will be “How to Create and Balance High Energy with a Positive Attitude!” Bring your lunch and enjoy this informative hour. Call 221-0600/2418.

Credit Report, Where Do You Stand?

The class is 2-4 p.m. at ACS, Building 2797. To register, call 221-1612.

Aug. 18 PowerPoint Level 2

The class is 8 a.m.-noon at ACS, Building 2797 in the computer lab. Basic computer skills, completion of PowerPoint Level 1 and registration required. Call 221-2518.

REMINDER CALENDAR

- Aug. 13 Texas Hold ‘Em, 6 p.m., Sam Houston Club
- Aug. 13 “Star Trek,” 8:30 p.m., post flagpole
- Aug. 14 “The Twilight Saga, New Moon,” 8:30 p.m., Dodd Field
- Aug. 15 Heart of Texas Triathlon No. 6, 7 a.m., Jimmy Brought Fitness Center
- Aug. 17 Veterinary Command Change of Command, 8 a.m., FSH Quadrangle
- Aug. 18 Health and Wellness Fair, 10 a.m.-1 p.m., Jimmy Brought Fitness Center
- Aug. 18 Ethics Training, 10-11:30 a.m., Blesse Auditorium
- Aug. 23 FSHISD First Day of School
- Aug. 24 Garrison Awards Ceremony, 2 p.m., Army Community Service
- Aug. 26 Consolidated Monthly Retirement Ceremony, 9 a.m., FSH Quadrangle
- Aug. 26 Women’s Equality Day Celebration, 11:30 a.m., Harlequin Dinner Theatre

Mandatory Initial First-Term Financial Readiness

The class begins at noon at the Education Center, Building 2248. Class space is limited. To register, call 221-1612.

Aug. 19 General Resume Writing Class

The class is 8:30 a.m.-12 p.m. at ACS, Building 2797. Registration required, call 221-0427/2418.

Aug. 21 Cardboard Boat Regatta

The Aquatic Center will host a cardboard boat regatta on Aug. 21. Participants will design, build and navigate a boat that must keep

them afloat as they cross the outdoor pool. All materials will be provided and all boats must be constructed on site. Registration is required by Aug. 18. Call 221-4887.

August Movie Nights

- Aug. 13 – Flag Pole, “Star Trek”
  - Aug. 14 – Dodd Field, “The Twilight Saga, New Moon”
  - Aug. 27 – Flag Pole, Disney’s “Alice in Wonderland”
  - Aug. 28 – Dodd Field, “Astro Boy”
- Popcorn, snow cones and cotton candy are free. In the event of inclement weather, the movie will be shown at the ACS, Building 2797 beginning at 7 p.m. Call 221-2418.

## Protestant Women of the Chapel Weekly Meetings

PWOC will hold weekly Bible studies. Morning studies meet Wednesdays, 9:30-11:30 a.m. and evening studies meet Thursdays, 6:30-8 p.m. at Dodd Field Chapel, 1721 Dodd Blvd. The chapel provides free child care for children up to 5 years old. All children must be registered with the Child Development Center. Call 863-6361 or e-mail sam-houston@pwoc.org.

## W O R S H I P SCHEDULE

**Main Post Chapel, Building 2200, 221-2754**

**Catholic Services:**  
4:45 p.m. - Reconciliation - Saturdays  
5:30 p.m. - Mass - Saturdays  
9:30 a.m. - Mass - Sundays  
11:30 a.m. - Mass - weekdays  
**Protestant Services - Sundays:**  
8 a.m. - Collective Protestant  
11 a.m. - Collective Protestant  
**Jewish Services:** 379-8666 or 493-6660  
8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

**Dodd Field Chapel, Building 1721, 221-5010 or 221-5432**

**Catholic Services:**  
9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study - Mondays  
12:30 p.m. - Mass - Sundays  
**Protestant Services:**  
10:30 a.m. - Gospel Protestant - Sundays  
9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided  
6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays, child care is provided  
**Samoan Protestant Service:**  
8:30 a.m. - Sundays

**Web site:** <http://www.samhouston.army.mil/chaplain>

## Back-to-School Bash

Fort Sam Houston Youth Ministry, sponsored by the Religious Support Office invites youth, sixth to 12th grade, and their parents to attend a Back-to-School Bash Aug. 18 at 5:30 p.m. at Dodd Field Chapel. We will gather at for prayer, fellowship, and a brief information session. Entertainment provided by Games2U, a mobile gaming theater. To RSVP or for more information, call 221-5943.

**Brooke Army Medical Center Chapel, Building 3600, 916-1105**

**Catholic Services:**  
8:30 a.m. - Mass - Sundays  
11:30 a.m. - Mass - Sundays  
**Protestant Services:**  
10 a.m. - Worship Service - Sundays  
**Episcopal/Lutheran Rite services:**  
12:30 p.m. - Traditional worship - Thursdays

**Center for the Intrepid, first floor, 916-1105**

**Christ for the Intrepid services:**  
5:30 p.m. - Coffee and fellowship - Sundays  
6 p.m. - Contemporary worship - Sundays

**AMEDD Regimental Chapel, Building 1398, 221-4362**

**32nd Medical Brigade Student services**  
**Catholic Mass:** 8 a.m. - Sundays  
**Contemporary Protestant Service:**  
9:30 a.m. and 11:01 a.m. - Sundays  
**Muslim Jumma:** 1:30 p.m. - Fridays

**Installation Chaplain Office, Building 2530, 221-5007**  
**Church of Jesus Christ of Latter Day Saints:**  
8:30 a.m. - Sundays



## Announcements

### AMC School Supply Drive

Alamo City Chapter, American Society of Military Comptrollers, will sponsor a "Back to School Drive" through Aug. 30. To donate school supplies, call 536-2402 at Brooks-City Base; 221-1309 at Fort Sam Houston; 671-4191 at Lackland AFB; or 652-4408 at Randolph AFB.

### Cloverleaf Communicators Club

The club is open to military, their family members and civilians who are interested in developing and enhancing their leadership and communications skills. Meetings are held the first and third Thursday of every month, 11:45 a.m.-1 p.m. in the San Antonio Credit Union's conference room. Call 916-3406 or 221-7835

### Diabetes Research Study

Do you have Type 2 diabetes? Are you overweight? You may be a candidate for a research study entitled "Sleeve gastrectomy versus

medical management for remission of diabetes in mild to moderately obese patients," even if you have not been a candidate for weight loss surgery before. Military medical beneficiaries age 18-65 who have Type 2 diabetes are eligible. Active duty members are not able to participate, dependents or retirees only. Call 292-5915 for more information.

### Lose Something?

All found property is kept for 45 days and disposed of unless owner is identified. Call 221-2340 or visit Fort Sam Houston Police Desk, Building 2244.

## Calendar of Events

### Aug. 14 Community Clean-Up

The American Society of Military Comptrollers will sponsor a community cleanup project 9 a.m.-noon at the Sunshine Plaza Apartments, 455 E. Sunshine Drive. The project involves light cleaning for senior residents. To volunteer, call 536-3549.

### Aug. 16 Warrant Officer Association meeting

Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will meet at 7 p.m. at

Chacho's & Chulucci's, 8614 Perrin Beitel Rd. All active duty, retired, Reserve, National Guard warrant officers and family members of current or retired warrant officers are invited. Call 375-9895 or 666-9818.

### Aug. 20 MOAA Dinner

The Military Officers Association of America will host a dinner at the Kendrick Club, Randolph Air Force Base. Social hour begins a 6 p.m. Menu choice is London broil or chicken marsala. Cost is \$22. Reserve by Aug. 17. Call 228-9955.

### Aug. 24 Spouses' Club Welcome Coffee

The club will host a welcome coffee, 10 a.m.-1 p.m. at the Pershing House, 6 Staff Post Road. There will be information on membership, activities, food, and vendors. Visit <http://www.scfsh.com> for information on the club.

### Aug. 26 American Society of Military Comptrollers

The Alamo Chapter will hold a luncheon 11 a.m.-1 p.m. at Pico de Gallo, 111 S. Leona St. The topic is "Intro to Cost Estimating," presented by David Bach, business area manager, Quantech Services Inc. Reserve by Aug. 20, call 652-2742.

### Aug. 28 Fifth Annual Ride 4 Troops

Ride begins at Caliente Harley Davidson and ends at Texas Pride in Atkins, Texas. Visit <http://www.saridefortroops.org>.

### Nostalgia of Time Fashion Show

A fashion show reminiscing the 40s and 50s begins at 7 p.m. at the Esplanade Gardens, 10790 Toepperwein Rd. Doors open at 6 p.m. Tickets are \$40 per person, which includes wine and hors d'oeuvres. Call 566-7600.

**FSH SPORTS UPDATES**  
<http://www.fortsamhoustonmwr.com/vcm/page.asp?pid=239>





**For Sale:** 2005 Mazda Tribute, gray, 67K miles, \$8,000 obo. Call 837-3143.

**For Sale:** 2006 Honda VTX 1300R motorcycle, less than 9K miles, wind-shield, saddlebags, custom pipes, \$5,000 obo. Call 445-7422 or 496-1470.

**For Sale:** Beige four-drawer metal filing cabinet, \$25; Sharp microwave, black with carousel, \$30; glass curio display cabinet, \$65; Pro-Power treadmill, \$190; bike rack, \$10. Call 241-1291.

**For Sale:** CKC Registered German boxer pups, dark and light brindle, tails docked, dewclaws removed. Call 633-0239.

**For Sale:** 2000 Pathfinder 1806V Bay Boat with 90 hp Yamaha motor, center console, low hours, extras, \$9,500; Entertainment center, Rustic, 5 piece, 89 inches long, 78 inches high, 18 inches deep, \$425. Call 488-3175 or 830-438-2860.

**For Sale:** 36-inch television, \$275;

memory foam sofa, \$175; big leather chair, \$275; Shark Vac, new, \$95; oak-framed mirror, 2 feet by 3 feet, \$45. Call 633-3859.

**For Sale:** Tahoe cargo security shade, like new, \$65; 4-foot wide truck bed extender, \$225; Stetson brown felt hat, size 7, \$75; heavy-duty truck front grill, \$400, female Pekingese, 2 years old, registered, shots, \$350. Call 221-2690.

**For Sale:** 150-gallon butane/propane tank, \$425 obo; two antique iron wheels, \$100 pair obo; Washburn bass guitar and amplifier, \$495; women's clothes and shoes, good price. Call 219-4327.

**For Sale:** French provincial dresser with bookcase, \$95; solid wood coffee table, \$100; Little Tikes two-step wagon, \$40; Cardiogliser exercise machine, new \$175; custom-made pet house, \$150 obo. Call 633-2247.

**For Sale:** Oak entertainment center, \$150 obo; pipe roofing, \$1 each section. Call 550-7371.

**For Sale:** GE Potscrubber dishwasher, white, \$150 obo; maternity tops and pants, size 20-22, new with tags, \$20; assorted boy's clothes and shoes; party decorations for all occasions, reasonably priced. Call 412-2151.

## Rocco Dining Facility Menu

Building 2745, Schofield Road

**Dining Room Breakfast Hours** — Monday-Friday 6:15-8:15 a.m., weekends and holidays 8-9:30 a.m.

**Friday – Aug. 13**

**Lunch – 11 a.m. to 1 p.m.**

Chicken and dumplings, meat loaf, southern-fried catfish, blackened catfish, fried chicken wings, wild rice, baked macaroni and cheese, sweet potatoes, collard greens with ham hocks, smothered squash with onions, broccoli

**Dinner – 5 to 7 p.m.**

Grilled tuna patties, turkey stir fry, chicken cordon bleu, country-fried steaks, cheese ravioli, baked potato wedges, steamed rice, hopping John rice, cauliflower, fried okra, Harvard beets

**Saturday – Aug. 14**

**Lunch – noon to 1:30 p.m.**

Spaghetti with meat sauce, rice frittata, herb-baked chicken, salmon croquettes, parsley-battered potatoes, paprika potatoes, parsley spaghetti noodles, carrots, Brussels sprouts

**Dinner – 5 to 6:30 p.m.**

Beef enchiladas, chicken pot pie with biscuits, grilled pork chops

with onions, cheese enchiladas, mashed potatoes, Spanish rice, asparagus, fried cabbage, corn, cornbread

**Sunday – Aug. 15**

**Lunch – noon to 1:30 p.m.**

Ham jambalaya, charbroiled meatballs with brown gravy, vegetable lasagna, roast beef, mashed potatoes, red beans and rice, baked potatoes, yellow squash, spinach, green peas with mushrooms

**Dinner – 5 to 6:30 p.m.**

Barbecued spareribs, Salisbury steaks, lemon baked fish, broccoli-cheese-rice casserole, oven-glo potatoes, steamed rice, turnip greens, wax beans, pinto beans

**Monday – Aug. 16**

**Lunch – 11 a.m. to 1 p.m.**

Ham jambalaya, Cajun roast pork loin, spicy fried chicken, Creole macaroni, smothered potatoes and green onions, red beans and rice, potatoes with green onions, black-eyed peas with okra and tomatoes, mixed vegetables, fried eggplant, sweet cornbread

**Dinner – 5 to 6:30 p.m.**

Tuna noodle casserole, Cajun meatloaf, Swiss steak with brown

gravy, mashed potatoes, baked macaroni and cheese, peas and carrots, French-style green beans, cauliflower polonnaise

**Tuesday – Aug. 17**

**Lunch – 11 a.m. to 1 p.m.**

Chicken fajitas, beef enchiladas, cheese enchiladas, Spanish baked herb chicken, tamale pie, Spanish rice, rotini noodles, Spanish potatoes, Spanish-style pinto beans, sweet corn and peppers, Spanish cauliflower gratin, asparagus, jalapeno cornbread

**Dinner – 5 to 7 p.m.**

Chicken enchiladas, cheese tortellini, Barlow's blackened catfish, Mexican chicken, beef stir fry, red beans and rice, oven-browned potatoes, steamed rice, spinach, Spanish-style lima beans, hot spiced beets

**Wednesday – Aug. 18**

**Lunch – 11 a.m. to 1 p.m.**

Caribbean-style pot roast, Caribbean chicken chow mein, Caribbean catfish, gallinas guisada (chicken tacos), cheese quesadillas, arroz con grandules (rice and peas), steamed rice, spicy baked potatoes, green beans, yel-

low and zucchini squash, stewed tomatoes

**Dinner – 5 to 7 p.m.**

Breaded veal steaks with mushroom gravy, barbecued beef cubes, chili macaroni, vegetable chili macaroni, grilled turkey patties, mashed potatoes, baked potatoes, buttered egg noodles, Harvard beets, green peas and onions, Brussels sprouts

**Lunch – 11 a.m. to 1 p.m.**

Szechwan chicken, pepper steak, chicken stir fry, sweet and sour pork, vegetable stuffed peppers, steamed rice, fried rice, parsley and garlic buttered potatoes, cabbage, vegetable stir fry, Chinese fried cabbage

**Dinner – 5 to 7 p.m.**

Oriental steaks, spicy Italian pork chops, vegetable lasagna, chopstick tuna, grilled pork chops with green pepper and onions, steamed rice, mashed potatoes, cauliflower combo, carrots, Chinese mixed vegetables

*Menus are subject to change without notice*